

Recipe Serving Size CHANGES

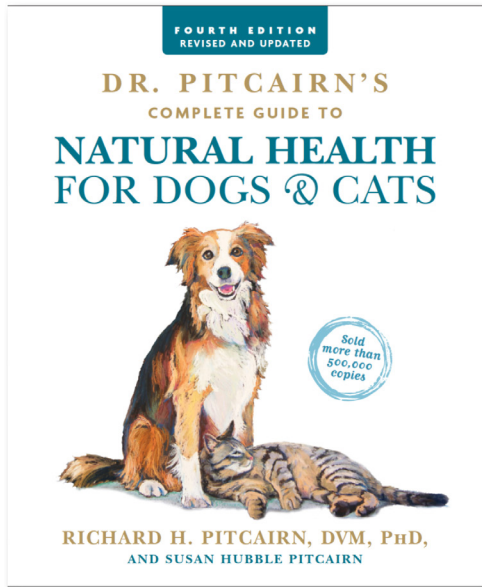
Add **VegeDog™** to the Pitcairn's Recipes as follows.

The **VegeDog™** formula and volume changed slightly since *Dr. Pitcairn's Complete Guide to Natural Health For Dogs & Cats*, 4th edition, was printed. Use the below guide to properly supplement your meals. The alternative is to add the supplement to your dog's daily meals based on the Daily Serving Amount chart on the product label. Please don't hesitate to contact Compassion Circle with questions if you have them.

Recipe	Yield (Calories)	VegeDog™ Requirement (Grams)	VegeDog™ Requirement (Teaspoons/Tablespoons)
Fresh & Flexible	Add 2 teaspoons (9g) VegeDog™ for every 1000 calories.		
Dog Day	Add 2 teaspoons (9g) VegeDog™ for every 1000 calories.		
Lentil Stew	3,443	31 grams	2-1/3 tablespoons
Skillet Supper	1,123	10 grams	2-1/4 teaspoons
Tofu Meat Loaf	1,335	12 grams	2-2/3 teaspoons
V-Burgers	1,314	12 grams	2-2/3 teaspoons
Savory Stew	2,538	23 grams	1-3/4 tablespoons
Tofu Noddles	2,268	21 grams	4-2/3 teaspoons
Chef's Bean "N" Corn Delight	1,316	12 grams	2-2/3 teaspoons
Country Scramble	1,238	12 grams	2-2/3 teaspoons
Pitcairn's Malibu Special	2,965	27 grams	2 tablespoons
Dog Garbanzos	2,903	26 grams	2 tablespoons
Pooch Paella	1,821	17 grams	3-3/4 teaspoons
Wolf Burrito	499	4.5 grams	1 teaspoon

Compassion Circle

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contact@compassioncircle.com



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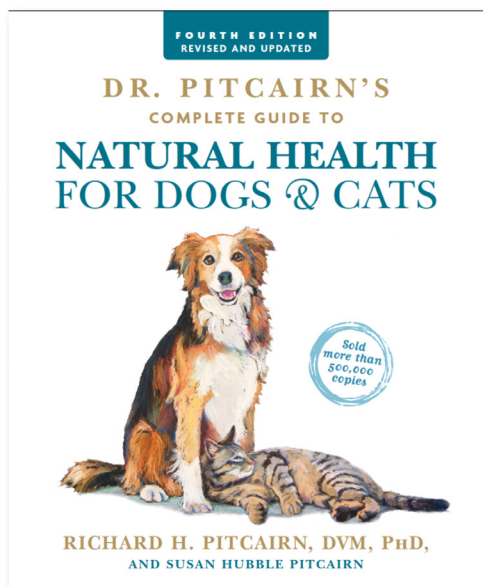
Add Vegepup to the Pitcairn's Recipes as follows.

The Vegepup formula and volume changed since *Dr. Pitcairn's Complete Guide to Natural Health For Dogs & Cats*, 4th edition, was printed. Use the guide below to properly supplement your meals. The alternative is to add the supplement to your puppy's daily meals based on the Daily Serving Amount chart on the product label. Please don't hesitate to contact Compassion Circle with questions if you have them.

Recipe	Yield (Calories)	Vegepup Requirement (Grams)	Vegepup Requirement (Teaspoons/Tablespsoons)
Tofu Meat Loaf	1,335	20 grams	3- ³ / ₄ teaspoons
V-Burgers	1,314	20 grams	3- ³ / ₄ teaspoons
Savory Stew	2,538	38 grams	2- ¹ / ₂ tablespsoons
Tofu Noddles	2,268	34 grams	2- ¹ / ₄ tablespsoons
Country Scramble	1,238	18.5 grams	3- ¹ / ₂ teaspoons

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Recipe Serving Size CHANGES

Add Vegecat™ to the Pitcairn's Recipes as follows.

The Vegecat™ formula and volume changed significantly since *Dr. Pitcairn's Complete Guide to Natural Health For Dogs & Cats*, 4th edition, was printed. Use the guide below to properly supplement your meals. The alternative is to add the supplement to your cat's daily meals based on the Daily Serving Amount chart on the product label. Please don't hesitate to contact Compassion Circle with questions if you have them.

Recipe	Yield (Calories)	Vegecat™ Requirement (Grams)	Vegecat™ Requirement (Teaspoons/Tablespoons)
Wild Tofu	348	3.5 grams	5/6 teaspoon
Sea Tofu	614	6 grams	1-2/5 teaspoons
Eggless Salad	587	6 grams	1-2/5 teaspoons
Yum Burgers	1,477	15 grams	3-1/2 teaspoons
New Day Roast	5,523	55 grams	4-1/4 tablespoons
Kitty Omelet	143	1.5 grams	1/3 teaspoon
Beef and Corn	1,102	11 grams	2-1/2 teaspoons
Tofu Meat Loaf	1,171	12 grams	1 tablespoon
Turkey Fest	1,518	15 grams	3-1/2 teaspoons
Lentils Plus	961	10 grams	2-1/3 teaspoons

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